

# Sounds Of Singchronicity - August 11



## Listening to the messages

Following on from last month's re-direction in tuning into my own intuition, I embarked on an internet course called 'Art for the Soul'. It presented itself to me in an email from the Daily Om website that I had subscribed to some time ago and I just knew that I had to do it!. See <http://dailyom.com/> for a range of positive motivational experiences and courses. You get to nominate how much you want to pay for most courses and the lessons are delivered at one week intervals. I quickly found myself becoming totally absorbed in the process of SoulCollage® where you make your own oracle cards to reflect your own soul. The method was developed by Seena Frost. You can read more about it at <http://www.soulcollage.com/> So, what does this have to do with Singchronicity?... well, the messages I have been receiving through this new process of listening to my soul have everything to do with where I am going on my journey. You can view my cards at <http://singyourvoice.com/photo-album/soulcollage%C2%AE/> If you click on a card, you will see its title. The cards are in order of most recent to oldest. In the space of two weeks, I have made the following cards and messages...

## Art for your soul.....

- ☪ (1) The Protector – I am safe to listen and follow the messages I hear. (Cropped pic. above)
  - ☪ (2) Purposeful Dreaming – Follow the path as it lays itself out before you & trust that it is right
  - ☪ (3) The Gift of Seeing – To assist me to see things that are presented to me and to discern with my heart instead of my head
  - ☪ (4) Fiery Rituals – Reminding me of the importance of rituals to honour myself and to share these rituals with others
  - ☪ (5) Seasons of Change – Calling me to be open to change and embrace the new without mourning the old
  - ☪ (6) Immersion – Embrace joy in the beauty that surrounds me and celebrate it in my rituals
  - ☪ (7) Confidence – Not to be overpowered by the flow, but to partake fully of it, only taking what I need to serve my higher purpose
  - ☪ (8) Darkness – Know the darkness to see the light. A message from my mother to tell me that she has always been with me and always will be, allowing me to conquer misguided perceptions and to see the lights shining out of the darkness.
- So it has certainly been a powerful time, building on the strong message of embracing change coming out of the MBS Festival and the Mayan connections last month. To encapsulate these messages into my rituals, I



have started on a new CD called 'Modern Mantras for Modern Times'. Each card that I have made has a key message in it that I am writing into Mantras to sing, so as to reinforce their message and 'ritualise' it. It is a new experience writing this way. I am finding that the lyrics and music are coming very easily. It is great to have the card alongside me too, adding visual stimulation to the flow as well. I can see a number of ways that I may combine SoulCollage® and singing/songwriting and I think...NO, I KNOW, that you will see some new direction from me as it is more fully revealed to me...whatever it is!



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# Coming Events



## John Will Be Appearing At The Following Events

### Sing For Joy

**Sunday 10 September 2PM to 5PM**

**Relaxation Centre of Queensland, 15 Southpine Rd Alderley, Qld**

The theme for this workshop is 'Listen to your heart...Trust yourself!' This playshop will take you deeply into your self, creating a pathway that you can use to return to at any time you need. You will come away with a confidence and a knowing that you have only to listen to your heart to find true peace. You will also learn how your voice can contribute to this and be a part of this journey. Your contribution is \$35.

Ph 3856 3733 to book in! **PLEASE PRE-BOOK** as this session will not be run if there are insufficient bookings.

## Other Events And News For You

### Music Studies Classes with Alison Rogers

**Thursdays 5.45PM – 6.45PM**

**Coopooroo, Qld**

Singers, just to announce that Vocal Manoeuvres now offers three strands of Music Studies Classes.

For information: <http://singyourvoice.com/3266/music-studies-classes-with-alison-rogers/>

### New Singing Circle with David and Suzanne

**Monday Evenings 6PM – 8PM**

**Ocean Shores, N.S.W.**

For nervous beginners and long-time singers

To sing: <http://singyourvoice.com/3143/new-open-singing-circle/>

### Logan Drumming

**Every Thursday 3PM – 5PM**

**Woodridge, Brisbane.**

Interested: <http://singyourvoice.com/3031/logan-drumming/>

### Workshops and Private Sessions with Chris James

**5 Day Healing Power of Sound Workshop**

**Wednesday 3 August – Sunday 7 August**

**Lennox Head, N.S.W.**

### The Big Sing–An Evening of Harmony in the Community

**Wednesday 10 August**

**Ipswich, Brisbane**

### Private Sessions

**Wednesday 17 August & Thursday 18 August**

**Brisbane**

To Book for Workshops and private sessions: <http://singyourvoice.com/3201/events-with-chris-james/>

## **Tony Backhouse Weekend Workshop**

**Saturday 6 August – Sunday 7 August**

**Milton, Brisbane.**

The emphasis of Tony's workshops is on harmony, collective improvisation and freedom of expression. You can book in for individual sessions or the whole weekend.

For more information: <http://singyourvoice.com/2573/tony-backhouse-weekend-workshop-in-brisbane/>

## **CD Launch with The Idea of North**

**Sunday 7 August 3PM – 5.15PM**

**Canberra, A.C.T**

**Friday 12 August 3PM – 5PM**

**Penrith, N.S.W.**

**Saturday 13 August 3PM–5PM**

**Melbourne**

**Sunday 28 August 8PM – 10PM**

**Marickville, N.S.W.**

Come and join them to celebrate the release of their much-anticipated a cappella album 'Extraordinary Tale'.

To book: <http://singyourvoice.com/3245/the-idea-of-north/>

## **Concert with Sacred Earth**

**Saturday 20 August Doors open 7 PM for 7.30 start for concert.**

**Warrandyte, Vic.**

Prem shares with us her heart felt devotion for Spirit and our precious Mother Earth through mantra and songs from the heart, Jethro play's an array of flutes from around the world including Shakuhachi (Japanese flute), Indian Bansuri, Irish Tin & Low whistles, Acoustic Guitar and songs from the heart. Their music is used extensively throughout the world in the massage, yoga, meditation, healing, spa & film industries to evoke a feeling of well-being, peace, and ambience.

Read all about them at: <http://singyourvoice.com/3217/sacred-earth-concert-3/>

## **Drumming – 1 day Intensive Workshops with Salaka**

**Saturday 20 August 10AM – 5.30PM**

**Annerley, Brisbane**

This is a wonderful opportunity to experience the energy and magic of Ghanaian drumming, dancing and singing!  
Workshops are open to all levels of experience.

For Information and Bookings: <http://singyourvoice.com/3276/1-day-workshops-intensive-with-salaka/>

## **Pulse – Featuring Salaka and Spankinhide**

**Saturday 20 August 7PM – 11.30PM**

**Annerley, Brisbane**

Pulse is an all ages, family friendly night of culture, music and dancing!!

For more details: <http://singyourvoice.com/3301/pulse-featuring-salaka-supported-by-spankinhide-zormiwasa-students/>

## **Harmonic concerts and Retreat with David Hykes**

**Thursday November 3 – Saturday November 5**

**Sydney, N.S.W.**

The Harmonic Presence work of contemplative music composer-singer David Hykes includes the wondrous "music of the spheres" called Harmonic Chant, and meditative practices for finding the silent ground, recognizing awareness, and harmoniously accompanying the music of all spheres of life and living.

Check it out: <http://singyourvoice.com/2650/harmonic-presence-concerts-retreats/>

## **Schools Programme with Chris James**

Sounds Wonderful presents a fun, interactive and innovative Vocal Adventure for Schools programme for students.

For full details go to: <http://singyourvoice.com/2699/schools-programme-with-chris-james/>

## **Camp Creative**

**Monday 9 January – Friday 13 January, 2012**

**Bellingen**

Camp Creative is a summer camp for families and individuals, a fun learning event where you mix with people of widely differing interests and ages in a relaxing and creative atmosphere.

To join in: <http://singyourvoice.com/3309/camp-creative-2/>

