

Sounds Of Singchronicity - Nov Dec 10, Jan



As one door closes



Another one opens

As we come to the end of another busy year, it is good to take a few moments and ponder on the happenings for the year. It is also time for those who are so inclined, to start thinking about what they want to do in the next year.

Job change

Our son Daniel has recently been made redundant from his job as a chef at a local restaurant. Whilst redundancy at this time of year (or any time) can be a scary and even depressing thing, he has taken this as a positive opportunity to make some significant changes in his life. By the time you read this, he will be living in Melbourne chasing his dream of working in the Yarra Valley as a chef. He has wanted to do this for some time and this redundancy has given him the impetus to make it happen. Good on you Daniel!

Moving out

That means we will have our house to ourselves, so it is time to do the big clean-out and reassess our needs. Exciting times ahead, but also a bit emotional too. See <http://singyourvoice.com/2014/2014/> to hear a song I just finished writing for him.

Grant application not successful

As you may be aware, Cath Mundy and I have been patiently waiting on the outcome of a significant grant application in order to consolidate and grow Mixed

Beans. The results of the last round were released and we have not been successful in our bid. This has meant that we need to revisit our plans and see how we can make them work.

The first order of the day is to raise some immediate funds to keep the choir singing in the short term. To achieve this, we are having a fundraising trivia night on Saturday 6 November. Full details are at <http://singyourvoice.com/1879/mixed-beans-trivia-night-fundraiser/>

We need to revisit the model we were adopting and to modify it to achieve our end purpose. We are in the process of investigating and setting up an incorporated association that will oversee The Mixed Beans Project, among other things. This will involve some exciting partnerships with like-minded people who believe in using music as a way for people to feel good about themselves. I can't give you much more detail yet, as it is still in the embryonic stage of development. What I can say though, is that if the gambling benefit door had not closed, then this one probably would not be opening!

Computer Crash

Recently we had the hard drive die on a very overworked, tired laptop. This again forced a re-think and Kerrie is now an Apple Mac convert! This means she can help me a lot more with the website updates and

newsletters so I am not shackled to a computer for too long! As Daniel goes to Melbourne, he takes the reworked laptop with him to get on the net (as kids do!) and find himself a new job!

Holiday

We had already booked ourselves a holiday. It starts 2 days after he leaves! What a great way to start our new life together! Fresh starts all round! I wonder what doors will open and close next? I think I will write a new song about doors.....

So why don't you open one for yourself by going to one of the events overleaf!

Next newsletter is Feb 2011, so keep an eye on the website in between!



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Coming Events



John Will Be Appearing At The Following Events

Sing Through your Bones For Joy

Sunday 14 November 9.30AM to 1.30PM **NOTE NEW TIME for this month!**

Alderley, Qld

Last month we followed a theme of "Joyous expression of creativity". Everyone had so much fun that we are going to add on to this by taking on the theme **"Creativity --keep it burning"**. This workshop creates a fun and caring environment where you can experiment and play, getting to know your voice. Coupled with Feldenkrais under the guidance of an experienced and accomplished practitioner, Rhonda Ohlson, you are guaranteed an unforgettable experience. See <http://singyourvoice.com/133/sing-thru-your-bones-for-joy/> for full details.

Ph 3856 3733 to book in.

Sunday 12 December 2.00PM to 5.00PM

The theme for this workshop is **It's PLAYTIME!** As the year comes to a close and people are getting busy preparing for Christmas, it's easy to forget to take some time out for yourself and play. In this playshop you will learn to play with your voice and to trust yourself, without fear or expectation. See <http://singyourvoice.com/495/sing-your-voice-3-hour-workshop/> for the full details.

Other Events And News For You

Sing Your Heart Out with Rhonda Ohlson

Wednesday 3 November 7PM - 8.30PM

Relaxation Centre, Alderley Qld.

Come along, sing for fun, sing with feeling, as singing raises your endorphin levels and promotes joy and healing. Full details at <http://singyourvoice.com/1984/sing-your-heart-out-rhonda-ohlson/>

Ph 3856 3733 to book in.

6 Week Drum Course with Elliot Orr

Friday 5 November - Friday 17 December

South Brisbane

Beginners 6.30-8.20pm (Session 1 and 2)

Intermediate/Advanced 7.35-9.45pm. (Session 2 and 3)

In this course Elliott will be teaching Dinbe, N'Yanza, Bachelles and Boyobe - all 4 rhythms of the latest Banakuma from Chris Berry.

Go to: <http://singyourvoice.com/2046/special-6-week-drumming-course-elliott-orr/>

Sacred Earth Concerts and CD Launch Sydney, Melbourne & Perth

Saturday 6 November, Friday 19 November & Saturday 27 November

A Sacred Earth performance will lift your spirits at the same time take you to the depth of your being. Prem and Jethro's magnificent sounds delight us with sacred mantra and songs from the heart.

Go to: <http://singyourvoice.com/2000/sacred-earth-concerts-cd-launch/>

Music with Terry Oldfield and Soraya

Sound Journeys, workshops and Meditations in Byron Bay and Sunshine Coast all throughout November. For details see: http://terryoldfield.com/world_music.htm

Chris James Workshops in Melbourne, N.S.W, and Qld

Thursday 4 November

**Big Sing – A Free Evening of Harmony in the Community
Frankston Vic**

Saturday 6 November

**One Day Joy–Full Voice Workshop
Frankston**

Sunday 7 November

**One Day Joy–Full Voice Workshop
Canterbury Vic.**

Tuesday 16 – Sunday 21 November

**Healing Power of Sound Workshop
Ballina**

Saturday 27 – Sunday 28 November

**A Weekend of Transformation Through Sound
Hackett, N.S.W.**

Thursday 15 December

**Big Sing– An Evening of Harmony in the Community
Nerang, Qld**

Saturday 22 & Sunday 23 January 2011

**A Weekend of Transformation Through Sound
Nerang, Gold Coast**

For Details of the Workshops with Chris check out: <http://chrisjames.net/>

Chris's new CD "Walk With Your Heart" is now available from his website too.

Sacred Space Devotional Music

Sunday 7 November 7 PM

Eumundi, Qld

You will find yourself in the perfect environment for an evening of relaxing mantra music and the opportunity to meet like minded people.

For more info: <http://singyourvoice.com/1910/sacred-space-devotional-music-mantra/>

Drum Circle and Horn Jam with Elliott Orr

Wednesday 24 November 8PM

Elliott is holding a monthly jam at West End. It's an open drum circle, partly facilitated by him, but essentially a jam. So bring your drums and join the fun.

He is also inviting all horn players, from bassoons to soprano sax's, come join the jam.

Naturally where there are drums there is also dance, so bring your dancing feet and come shake it up on the floor.

Its only \$5 cover charge and with that you get a free dacquiri!

Go to: <http://singyourvoice.com/1817/drum-circle-and-horn-jam-with-elliott-orr/>

Earthwoman Calling Retreat with Peruquois

Friday 26 November– Monday 29 November 10AM

Eltham, Vic.

A sacred space for 13 women to come together, to sing our bodies into deep openness and discover our innate sensuality and inner love.

For Info: <http://singyourvoice.com/2041/earthwoman-calling-retreat-%E2%80%93-peruquois/>

Akhanda Kirtan with Terry Oldfield and Soraya

Saturday 26 November 5 PM

Mangrove Mountain Ashram, NSW

26 hours of non-stop kirtan chanting and singing in a wonderfully positively charged Ashram environment. This is in the Satyananda Yoga Tradition with many wonderful musicians. Terry and Soaya will join in this uplifting event and share their music.

Go to: <http://singyourvoice.com/1870/akhanda-kirtan/>

Final Idea of North Concert at the Powerhouse

Saturday 27 November

Matinee show @ 2pm Evening show @ 7:30pm

After a smattering of country concerts around your fair state, The Idea of North will return to the Powerhouse for the last time this year to present their patented vocal magic, this time with a very special guest.

Don't miss out click here for details: <http://singyourvoice.com/2011/the-idea-of-north-at-the-powerhouse/>

Into Your Heart: Retreat with Sacred Earth

Friday 17 December – Sunday 19 December

Yarra Valley, Victoria

Come and be held in a deeply sacred space where you have the opportunity to reconnect with the quiet place that resides within your heart. Nestled in the Yarra valley you will experience 3 days of yoga, meditation, art play, mantra singing, prayer tie meditation, luscious vegetarian food, inspiring stories, twilight meditations, walking meditation, nature time & massage all offered in the sanctity of silence.

Go to: <http://singyourvoice.com/1699/into-your-heart-retreat-with-sacred-earth/>

Harmony Leader Training with Brian Martin

Friday 7 January – Sunday 9 January

Time: Friday – 6.30pm – 9.30pm

Saturday & Sunday – 9.30am – 6.30pm (each day)

Bellingen, (near Coffs Harbour) NSW (venue TBA)

"Spreading The Joy"

Brian will be back in Oz for a short time and due to many requests, is offering this 'weekend intensive' workshop while he is in the Coffs Harbor area and before he returns to Japan!

Be quick to book: <http://singyourvoice.com/2053/harmony-leader-training-brian-martin/>

Summersong Music Camp 2011

Friday 14 January – Friday 21 January

Lake Ainsworth Sport and Recreation Centre, Lennox Head

For the past 12 years Summersong Music Camp has provided a nurturing, fun, and flexible music study and holiday experience for hundreds of people from all walks of life. From high school music students to CEO's of major companies, Summersong welcomes those who want to share their music

with others, experience something out of the ordinary, learn new skills and create music, and make new friends in this growing international musical family.

Summersong Music Camp is designed for music makers and music lovers of all levels of experience. Whether you've been performing for years, or simply keen to try making music, Summersong cooks on the synergy and exchange between folks of all levels.

Go to: <http://singyourvoice.com/1595/summersong-music-camp-2011/>

Ecstatic Chant & Devotional Singing Retreat with Deva Premal & Miten 2011

Thursday February 24– Sunday February 27

Ballina Beach Village N.S.W.

This residential retreat is open to all, and is a truly ecstatic experience of the healing power and joy of mantra, song, silence and friendship.

Visit: <http://singyourvoice.com/1732/ecstatic-chant-and-devotional-chant-with-deva-premal-and-miten/>

New CD from Sacred Earth– Call to the Divine

Pre Order Now

Call to the Divine,

Joy, love, celebration & deep heart

connection, this album sees Prem & Jethro returning to their roots with songs reminiscent of their album Divine Devotion. Earthy, soulful lyrics, soaring flutes and gorgeous melodies that will touch the depths of your heart and remind you of your purpose and how beautiful this planet earth is that we live on.

Available November 8

Keep an eye/ear out for it at www.sacredearthmusic.com

Mixed Beans Fundraiser – Trivia Night

Saturday 6 November @ 7PM

Music Through the Ages will be the theme.

Help keep Mixed Beans (multicultural choir) singing.