

# Sounds Of Singchronicity - June 10

## Endings and beginnings.....

### We made music and felt good!

Two weeks ago, three choirs got together as part of **Making Music Being Well** week and sang up a storm! Freedom Train, Mixed Beans and MorningSong all got together at Ellaways Music in Underwood, performed a short set each and then combined to sing a couple of songs (unrehearsed) together. This was followed by 2 hour playshop. The fellowship on the day was wonderful and everyone came away quite excited. Already I have had requests to do the same thing as an annual event. So as one event ends, an idea begins! Please let me know if you are interested in this becoming an annual event. Check out the photos at <http://www.facebook.com/home.php?#!/johnrz?v=photos>

### Grant writing marathon ends!

Cath Mundy and I have spent many hours over the last few months planning a project to expand Mixed Beans multicultural community choir, aiming for a deadline for grant submissions of 31 May. (This is why the newsletter is late this month.) I am pleased to say that after a multitude of challenges and technological issues, we met our deadline and got the submission in with a couple of hours to spare! (a welcome ending!) So now we need all of you to focus your

energies on our application being successful so we can kick off this project in a big way (a new beginning!) Mixed Beans is going to be big! Decisions for allocation of grant funding will not be until September at the earliest, so I've got some time now to spend on writing some more songs! I have a couple more in the pipeline now that I can finish.

### Rhythm of the Universe

Kerrie & I have a lovely weekend recently at Ewen Maddock Dam on a spiritual sharing weekend where we got to experience many new things and discard some old ways of thinking. I now have my sights set on getting a Native American Drum, we are putting into practise some Feng Shui ideas and we met many special people (they all are!) whom we will spend more time with, moving forwards. Special thanks to Jo & Debbie for organising this. You can see some wonderful photos at <http://www.facebook.com/home.php?#!/johnrz?v=photos>

### Singing Opportunities

Over the last few weeks, I have been hearing a recurring theme from people who say they cannot sing. Whilst this is not news to my ears to be hearing this, I continue to be amazed at how widespread this perception is. It is my goal to help as many people as

possible to break through this barrier so they can discover their own beautiful, natural voice. So, my mission is about providing new beginnings for people through sound and song. Benjamin Zander (Conductor of the Boston Philharmonic) says "My job is to awaken the possibility in other people" and goes on to say "If their eyes are shining, you know you are doing it!" and caps this off by saying "Wealth is about how many shining eyes I have around me." So, as you turn the pages of this newsletter, you will meet many people who are going out and helping people's eyes to shine, so give yourselves a treat and maybe a new beginning...tune in & sing!



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## Coming Events



### John Will Be Appearing At The Following Events

#### **Sing for Joy Playshop**

**Sunday 6 June 2.00PM to 5.00PM**

**Relaxation Centre – 15 South Pine Rd Alderley**

The theme for this workshop is **Play!** All too often we take ourselves too seriously, so in this playshop you will learn to play with your voices and to have fun, without fear or expectation of what sounds come out of your mouth! If you love to sing, or if you dearly want to be able to sing, or just want to be able to speak with confidence, then this will help you to get there. No experience is necessary and people who believe they can't sing are especially encouraged to come along and enjoy the fun. Your investment is \$35 for this wonderful event.

**Ph 3856 3733 to book in.**

Go to: <http://singyourvoice.com/495/sing-your-voice-3-hour-workshop/>

### Other Events And News For You

#### **Lie Down Sound Journey with Terry Oldfield & Soraya**

**Saturday 6 June 1 – 1.45 PM**

**The Old Museum**

**Cnr Gregory Tce & Bowen Bridge Rd , Bowen Hills, QLD**

Terry and Soraya will be appearing at the Brisbane Yoga Festival weaving a rich tapestry of healing sound and music with flute, crystal bowls, strings, symphonic gongs, percussion and voice. Terry is well known for his nature recordings which he weaves into his composition to give a deep and profound sense of connection to this beautiful planet. Be transported to a space of deep relaxation and peace. In this space spontaneous healing can occur.

Go to: <http://singyourvoice.com/1151/lie-down-sound-journey-with-terry-soraya/>

#### **The Lighthouse Festival**

**Saturday 12 & Sunday 13 June**

The Lighthouse Festival on Queens Birthday weekend at Burnett Heads near Bundaberg, offers a completely new platform for artists and musicians to show off their talents.

Go to: <http://singyourvoice.com/1083/lighthouse-festival/>

#### **The Desert Choir with Tony Backhouse**

**Saturday 19 – Saturday 26 June**

**Central Australia**

Feel your voice rise with the choir as the sun sets over the ancient landscape of Central Australia; explore the primal connection between song and country; enjoy the company of the Desert Choir as voices are raised together in celebration of being and walking in a profound place. Enjoy singing with aboriginal people and each other along the magnificent Larapinta Trail of Central Australia.

Go to: <http://singyourvoice.com/987/the-desert-choir-with-tony-backhouse/>

## Chris James in Geelong and Melbourne

**Wednesday 16 June 6.45PM – 9.30PM**

**Joy-Full Voice Evening  
in Geelong West**

Go to: <http://singyourvoice.com/1193/joy-full-voice-evening-with-chris-james/>

**Saturday 19 June – Sunday 29 June**

**Transformation Through Sound Weekend  
in Melbourne. Venue T.B.A.**

Go to: <http://singyourvoice.com/1170/transformation-through-sound-weekend-with-chris-james/>

## Heal Your Voice with David Hall and Suzanne Staples– 8 week course

**Starts Monday 21 June 7PM – 9PM**

**at Ocean Shores**

Lots of us are shy or afraid of singing. This 8 week course is a very safe space to have fun and sing from your heart for confidence and fun. Learn harmonies – sing in tune.

Go to: <http://singyourvoice.com/1156/heal-your-voice/>

## Sacred Earth Performances

**Friday 11 June – Monday 14 June 1.30PM Daily**

**Music For Inner Peace**

at the Mind Body Spirit Festival  
Melbourne Convention Centre.

**Friday 18 June – Monday 21 June**

**Port Macquarie Retreat**

Starting 2pm Friday

Finishing approximately 3pm Monday

Port Macquarie, NSW

Accommodation: The Observatory Resort

**Saturday 19 June Meditation 6.15PM Concert 7.00PM**

**Port Macquarie Concert**

C.W.A. Hall in Port Macquarie

**Saturday 26 June Concert 4.00PM – 6.30PM**

**Gold Coast Concert**

The Eco Village, Currumbin Valley

150 Limited tickets so book early , if available there will be tickets at the door

Bring a cushion if you wish to sit on the floor up front.

Food and chai available from 3.30pm

Go to: <http://singyourvoice.com/1154/sacred-earth-melbourne-port-macquarie-gold-coast/>

## Flowering of the Heart Workshop with Terry Oldfield and Soraya

**Sunday 27 June 1PM – 5PM**

**Prana House, Level 1/885 High Street, Thornbury Vic.**

In this workshop Terry Oldfield and Soraya use the vehicle of sound and music as the language of the heart together with the grounded wisdom and processes to release the past & develop the strength to live in the heart.

**This workshop will also be in Brisbane on Sunday 11 July**

Go to: <http://singyourvoice.com/1182/flowering-of-the-heart/>

## Queensland Ukulele Festival

Saturday 3 July – Sunday 4 July

The Cairns Ukulele Festival is a festival that highlights the multicultural and tropical aspects of the region through the humble ukulele. The festival features free and ticketed performances by international, national and local artists and community groups; kids and adult workshops; an art expedition; market stalls and much more.

Venue: Fogarty Park  
The Esplanade, Cairns  
Queensland, Australia 4870  
Venue: Tanks Art Centre  
46 Collins Avenue  
Edge Hill, Cairns  
Queensland, Australia 4870

Go to: <http://singyourvoice.com/1141/queensland-ukulele-festival/>

## Sing-posium hosted by Jonathan Welch

Friday 2 July – Sunday 4 July

Dr Jonathon Welch AM is hosting the inaugural Sing-posium Victoria 2010, a FREE event, to be held in Melbourne. As the founding director of the **Sydney Street Choir** and **Choir of Hard Knocks**, now known as **Choir of Hope and Inspiration**, Jonathon understands the challenges of creating choirs of people with special needs, and has a decade of experience creating innovative teaching methods and knowledge that he is so keen to share.

Read all about it at <http://singyourvoice.com/1281/sing-posium-with-jonathan-welch/>

## Sing For Joy – Sing For Fun

Saturday 24 July 2PM – 5PM

**Banksia Beach State School Performing Arts Hall**  
**Banksia Beach, Bribie Island 4507**

Come on Saturday 24 July for an afternoon of singing for joy and fun, and help make the rafters ring. Everyone is welcome, especially singing groups, parents and their children, and singers of all ages and experience. This is your chance to rediscover the joy of community singing and to experience the excitement and joy of singing together in harmony.

Go to: <http://singyourvoice.com/1174/sing-for-joy-sing-for-fun/>

## Choirs up Noosa way!

Andrew Emmet is a Professional Choir Director who has four choirs operating up around the Noosa area. Between the four choirs, they cover popular, folk, gospel and sacred classical music so, if you live up that way and are looking for a choir, check out

<http://singyourvoice.com/1290/choirs-up-noosa-way/>

and find out more about what Andrew has to offer.

