

Sounds Of Singchronicity - May 10

Making Music, Being Well.....

Celebrate the links between making music and feeling good

I am pleased to announce I have registered to be a participant in the 2010 **Making Music Being Well** celebration of the Australian Music Therapy Association and Music: Play for Life. During the week of 17 - 23 May 2010 we will host events and activities that will celebrate the links between active music making and health and wellbeing across the life span. **Why be part of Making Music Being Well?**

All round the nation, there will be one clear message - active music making is good for you. The Music: Play for Life event is still in the planning stages and they welcome your involvement. Being part of a national event will help to increase public awareness, and keep music to the forefront of the agenda for key government agencies. See www.makingmusicbeingwell.org.au. This is an event for us all to share in and if you would like to be involved please see details overleaf for more info.

2 very different choirs for you

I have the privilege of being associated with two wonderful choirs, each with their own special focus. **Freedom Train** is a "no audition" community

Choir based in Waterford and has been going for about two years now. It provides a safe environment for both new and experienced singers to develop at their own pace and to be very much a part of the process without fear of judgement or expectations! Members also contribute to how arrangements are finalised by open discussion on what works for them and for the sound as a whole. We perform at community events and have a lot of fun. You can view a recent clip from a local expo we performed at here: <http://www.youtube.com/watch?v=W2513Y45Xd8> For more information about this wonderful choir, see <http://singyourvoice.com/416/freedom-train-community-choir-calling-new-members/>

The second choir is Mixed Beans. They are a small multicultural community choir whose primary focus is to bring people together from diverse cultural and ethnic backgrounds to share and showcase their heritage through song. As discussed in the last newsletter, I am working on a large project to expand the reach of this choir significantly over the next couple of years. In order to preserve its authenticity as a truly multicultural choir, we are always looking for new members who represent the broadest range of cultures and welcome new members whose first language may not be

English. Music is a universal language, so it unites us. You can learn more and view a clip about Mixed Beans at <http://singyourvoice.com/961/mixed-beans-multicultural-choir/>

YouTube promo

My long-awaited YouTube promo is finally ready! You can view it at <http://singyourvoice.com/> If you know of anyone who might be interested in organising a workshop, or, should I say "playshop", please refer them to this link. I also have DVD copies on order to send to organisations that don't allow YouTube access at work. So let me know if you want one at john@singyourvoice.com



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Coming Events



John Will Be Appearing At The Following Events

Rhythm of the Universe – Spiritual Sharing Weekend

Friday 7 May to Sunday 9 May

Ewen Maddock Dam, Landsborough

Bookings have closed for this event.

Making Music, Being Well – FREE Singing Extravaganza – Mass Music Event

Saturday 22 May 11.00AM to 3.00PM

Ellaways Music, 39 – 45 Compton Rd Underwood (in the Auditorium)

Come along and enjoy 3 very different community choirs AND participate in a 2 hour “Sing for Joy” Playshop See <http://singyourvoice.com/1063/making-music-being-well/> for more information. This will be a great day of sharing and playfulness for all.

Sing for Joy Playshop

Sunday 6 June 2.00PM to 5.00PM

Relaxation Centre – 15 South Pine Rd Alderley

The theme for this workshop is Play! All too often we take ourselves too seriously, so in this playshop you will learn to play with your voices and to have fun, without fear or expectation of what sounds come out of your mouth! If you love to sing, or if you dearly want to be able to sing, or just to be able to speak with confidence, then this will help you to get there. No experience is necessary and people who believe they can't sing are especially encouraged to come along and enjoy the fun. Your investment is \$35 for this wonderful event.

Ph 3856 3733 to book in. See <http://singyourvoice.com/495/sing-your-voice-3-hour-workshop/>

Other Events And News For You

Camp Creative Music Workshops

Thursday 6 & Friday 7 May 10 AM– 3 PM

Bellingen, next to memorial hall in Hyde Street.

Wind Workshop With Jo and Mark Walton.

Friday 7 May 10 AM – 3 PM

Guitar Workshop with Anthony Garcia

See <http://singyourvoice.com/1113/camp-creative-wind-and-guitar-workshops/>

Bellingen Music Festival – Camp Creative – Bellingen

Saturday 8th & Sunday 9th May

A 2 day festival featuring international musicians, with performances & workshop opportunities.

Check out all the offerings at <http://singyourvoice.com/720/camp-creative/>

Salaka is Back in Brisbane – Drum & Dance (One Day Intensive)

Saturday 9 May

Venue to be advised

Talkin' the Drum and Dance Roots are proud to announce that Salaka will be hitting Brisbane once again to share their funky moves and grooves – are you ready?!?!?

Last year they had a couple of fantastic workshops with the group; much fun was had by all. Not just one teacher, but 5. And these guys are the 'real deal', touring here from Ghana, bringing the magic of African rhythm and dance to our doorstep. All levels welcome, please come and support these guys and yourself! See <http://singyourvoice.com/1048/salaka-is-back-in-brisbane/>

Sacred Earth Performances

Friday 14, Saturday 15 & Sunday 16 May 1.30 PM

Sydney Mind Body Spirit Festival

Sacred Earth will appear daily on stage @ the festival

Sunday 16 May 3 –5 PM

Awaken Your Inner Voice Workshop

Harmony Centre Sacred Music Festival

in Camperdown, Sydney

To book your place call: (02) 95505449

See <http://singyourvoice.com/1075/sacred-earth-2-festivals/>

Saturday 15 May 6.30 PM for 7.30 PM start

Annual Sydney Concert

at Sydney Boys High in The Great Hall.

Sacred Earth have a brilliant team on the ground putting this show together and it promises to be the most beautiful yet. .

Go to <http://singyourvoice.com/1079/sacred-earths-annual-sydney-concert/>

Soul Voice Intensive, Life Transforming 2 day Workshop

Saturday 22nd & Sunday 23rd May 9.30 AM – 6 PM

Gold Coast Tallebudgera Valley Community Hall,

Tallebudgera Ck Rd, Tallebudgera Valley

Experience the untapped power of your innate voice! The Soul Voice introductory workshop is an invitation to dive deeper into the voice you may have forgotten but your soul remembers. You can break open your limitations with sound; become a vibrational instrument and feel the joys of free expression.

See <http://singyourvoice.com/1002/soul-voice-intensive-life-transforming-2-day-workshop/>

Wesak Full Moon Ceremony with Terry Oldfield And Soraya

Friday 28 May 7 PM – 9 pm

The Full Moon in the month of May (Taurus) is the time to celebrate the Buddha's enlightenment which occurred in the Wesak Valley in Himalayan –Tibet Ranges.

Join Terry and Soraya on this special full moon in an atmosphere of peace, nature and stillness.

See <http://singyourvoice.com/951/wesak-full-moon-ceremony/>

The Joy of Singing in the Mary Valley with Brian Martin

Sunday 30 May 1 PM – 4 PM

RSL Hall, Imbil

Enjoy singing with the group in wonderful harmonies from around the world, including gospel, folk and the rhythm and sounds of Africa.

Experience the joy and freedom of creating your own harmonies through the exciting sounds of A Cappella music.

Brian is well known on the Sunshine Coast for his musical expertise and ongoing involvement in encouraging singing and creating harmony through harmony.

He is a dynamic teacher; able to tap into the creative juices of the singers he works with, creating a relaxed and fun atmosphere in which to explore the voice.

See <http://singyourvoice.com/992/the-joy-of-singing-in-the-mary-valley/>

The Lighthouse Festival

Saturday 12 & Sunday 13 June

The Lighthouse Festival on Queens Birthday weekend at Burnett Heads near Bundaberg, offers a completely new platform for artists and musicians to show off their talents.

See <http://singyourvoice.com/1083/lighthouse-festival/>

The Desert Choir with Tony Backhouse

Saturday 12 – Friday 18 June

Central Australia

Feel your voice rise with the choir as the sun sets over the ancient landscape of Central Australia; explore the primal connection between song and country; enjoy the company of the Desert Choir as voices are raised together in celebration of being and walking in a profound place. Enjoy singing with aboriginal people and each other along the magnificent Larapinta Trail of Central Australia.

See <http://singyourvoice.com/987/the-desert-choir-with-tony-backhouse/>

