

# Sounds Of Singchronicity - July 09

## Choirs, choirs, choirs! Come one...come all

### Have you been called?

If you have ever had the call (even a very quiet little whisper) to do something with your voice, then **NOW is the time**. With the winter solstice now passed, what better time for renewal, as the days get warmer and lighter. Take the first step and get along to one of the many opportunities listed in the following pages to start (or re-start) playing with your voice.

Choirs are about communal singing where you can share and bask in the glorious sounds that you can make when people come together as a group with a united purpose. It is no coincidence that when people get together and share their voices....what seems like magic happens. It is, in fact what I call "singchronicity."

According to Wikipedia, the free encyclopaedia, "Synchronicity" is a word coined by the Swiss psychologist Carl Jung to describe the "temporally coincident occurrences of acausal events." Jung spoke of synchronicity as an "acausal connecting principle" (i.e. a pattern of connection that cannot be explained by direct causality). Cause-and-effect, in Jung's mind, seemed to have nothing to do with it. Plainly put, it is the experience of two or more occurrences (beyond coincidentally) in a

manner that is logically meaningful- but inexplicable- to the person or persons experiencing them. Such events would also have to suggest an underlying pattern in order to satisfy the definition of synchronicity as developed by Jung. It differs from mere coincidence in that synchronicity implies not just a happenstance, but an underlying pattern or dynamic that is being expressed through meaningful relationships or events.

This is a perfect explanation for the wonderful healing effects that sound and song have on us, physically, mentally, emotionally and spiritually, with each inexplicably linked to the other! Exciting, isn't it?

The thing about singing in groups or choirs is that you cannot make these beautiful sounds by yourself! And I should know! I used to belong to a trio....me, myself & I. Now I am absolutely loving being warmed and caressed by the beautiful voices of others. The funny thing is that you must have others there for the harmonies to work, and singing harmonies creates oneness and harmony. It's the circle we make when we share our beautiful voices.

So take it as a call from singchronicity when you see how many choirs and workshops are out there

calling for new members. In the pages that follow, there are no less than 10, **yes 10** opportunities for you to raise your voice in song! So, if you have felt the urge to do a bit of singing lately, but have resisted (either consciously or unconsciously) then ask yourself whether you are meant to ignore 10 calls to action!!!

I find that when we are meant to do something, the calls get louder and louder until we take notice. How much louder than to the power of 10 does it have to get????

### So, heed the call....



John Rodriguez

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## Coming Events



### John Will Be Appearing At The Following Events

#### **Drumming Circle at the Northey Street Organic Markets**

1st & 3rd Sundays of each month 8.00 AM to 10.30 AM/11.00 AM

Northey Street Organic Markets, Cnr Northey Street & Victoria Street Windsor.

Go through market stalls and past the Chai Cafe.

In the spirit of being truly organic, we are trying to get a **drumming circle** up and running. This is a new venture that I am going to trial with the people who organise the weekly organic market. The market has a real earthy feel to it, with plenty of room to sit down, have a drink, with something to eat and a chat. Quite a few buskers are spread through the market as well, adding to the festival-like atmosphere. **So come along and say hi! Bring your drums, percussion instruments plus a sense of play and adventure....** There are no entry fees. You can read more about the market at <http://www.northeastcityfarm.org.au/marketandcafe.htm> **See you there!**

#### **Sing Thru Your Bones For Joy – Rhonda Ohlson & John Rodriguez**

Sunday 19 July @ 1 PM to 5 PM

Relaxation Centre

What do you get when you combine Feldenkrais, Harmonic Whirlies, Toning and Singing? You get an uplifting experience that helps you release blockages, shift energies and soar in an safe and nurturing environment where you can enjoy the ride! Join us for yet another inspirational and liberating session. John & Rhonda continue to bring you a very special workshop "Sing Thru Your Bones for Joy!" Invest four hours of your precious time and you will reap precious rewards.

Rhonda is a leading Feldenkrais practitioner who will show you how to align your bones to tune up your body/voice. You will be surprised and delighted with the power and pleasure you feel when you sing through your bones. [www.smartmovesbiz.com](http://www.smartmovesbiz.com)

John will help you discover your true inner voice in safe, caring and fun environment.

[www.singchronicity.net](http://www.singchronicity.net)

If you love to sing, or if you dearly want to be able to sing, then this is a special event to book in for. No experience is necessary and people who believe they can't sing are especially encouraged to come along and enjoy the fun. Your investment is \$45 for this wonderful event.

Ph 3856 3733 to book in.

#### **Night of Light – Healing Event**

Friday August 7 @ 7 PM

Logan Community Centre, Cnr Jacaranda Ave & Wembley Rd

<http://www.nightoflight.com.au/SouthBrisbaneChapter.htm>

### Other Events And News For You

#### **Freedom Train Community Choir – Calling new members!**

Do you love to sing? Live in the Brisbane–Gold Coast region?

Join "Freedom Train" – Our New Community Choir

**Mondays, 6–8 PM** @ Woodlands, Waterford – halfway between Brisbane & the Gold Coast

**NO AUDITIONS REQUIRED**

- \* Develop your voice \* Open to all levels of vocal ability \*
- \* Fun, relaxed group environment \* Wide variety of material \*
- \* Future performance opportunities \*
- \* Ability to read music not necessary \*
- \* Great for mind, body & soul \*
- \* Enjoy the gentle & inspiring guidance of experienced vocalists and musicians

Choir membership runs in 6-session blocks. Total for 6-session membership: \$72  
For more info please contact either Cath Mundy & Jay Turner: Ph 0424 127 580  
email: [cathjay@mundy-turner.com](mailto:cathjay@mundy-turner.com) [www.mundy-turner.com](http://www.mundy-turner.com) [www.myspace.com/mundyturner](http://www.myspace.com/mundyturner)

**As I said before....this is a great choir to play with!**

### **Urgently Needed! Bass singers to sing "naked voice"**

If you are a Bass Singer and you can sing and you have what it takes to be part of a dynamic performing and touring group, then read on.....

The popular Gold Coast singing ensemble, **Rosella Jam Inc** is renowned for their skill in performing naked voice. Naked voice (a'cappella) is the art of singing 4 part harmonies without musical accompaniment. Rosella Jam currently has 25 members made up of enthusiastic men and women. They need more bass singers and are accepting applications from interested parties. Successful auditionees will receive a prize of free 6 month membership (over \$350 value).

To register your interest **Contact Marsha Gusti** 07 55982880 or 0433134773

Read more at [www.rosellajam.net](http://www.rosellajam.net) Email: [mgusti@bigpond.net.au](mailto:mgusti@bigpond.net.au)

There's also talk of a Melbourne Tasmanian Tour coming up Sept 19 to 28 for those who want to go on tour! Even if you can't make a long term commitment to a choir, they are still interested in Bass singers joining them in time to learn the repertoire for the tour and just joining them for that!

### **Singing In Brisbane – Saturday Sessions**

**Saturdays @ 2PM** Join Andrea & Don in choruses & make up your own harmonies at Burke's Hotel, Cnr Annerley & Stephens Rds Highgate Hill/Dutton Park (up the road from the Mater). Free entry.

### **Talkin The Drum with Elliot Orr**

#### **Pulse Drumming and Dance Party**

**Saturday 4 July 7 PM Doors Open** Kurilpa Hall, 174 Boundary Street, West End.

For those of you who don't know or have never been, Pulse is a community event that the Talking The Drum Team organise to bring all you lovely folk together. They believe in sharing music and dance is a wonderful way to keep and build community and take great pleasure in bring your Pulse with Zormiwasa, imaginative and captivating musician from Africa, Spankinhide, an African rhythm ensemble and Tichawana and African drumming and dance.

Cost \$15.00 Children under 13 free. If you have any questions or you would like to book in, either call Elliott on 0407 372 554 or email us [info@talkinthedrum.com.au](mailto:info@talkinthedrum.com.au).

### **Morningsong Choir**

Morningsong is a choir with a difference. We sing inspiring songs, harmonies and rhythms from all around the world in a friendly, informal and joyful environment. They believe that everyone can sing regardless of experience. There are no auditions and you don't have to read music because all songs and harmonies are taught by ear. Their goal is to just have fun.

From Friday July 17 the first day of the school term 3, they will be at the Bulimba Senior Citizen's Hall, corner Stuart St and Barramul St, Bulimba.

Fees for 2009: First singing session free. \$85, 10 week term.

This includes word sheets, script music for people who want them, and tea/coffee at the break. Casual rates are also available. [morningsong@inet.net.au](mailto:morningsong@inet.net.au)

### **Music Meditations with Rob Stevenson**

**Saturday, July 4 @ 7 PM**

@ Shashara, 17 Waterloo Street, Cleveland

**Sunday, July 5 @ 9 AM**

@ The College of Mind Body Spirit, Cnr. Forest Lake Blvd and The Esplanade, Forest Lake

**Sunday, July 5 @ 4 PM**

@ Inna Bliss Yoga, Level 2/182 Bay Terrace, Wynnum Central

Cost \$10.00 Donation

### **Terry Oldfield & Soraya**

**Resonance Healing Sound Workshop** in Brisbane

**Sunday, July 5 @10 AM – 4.30 PM**

Viroga Yoga Studio, 40 Seaview Street, Brighton.

Sound and music can be powerful mediums to awaken to the experience of Consciousness. Living Consciously can transform your life. This workshop combines the brilliance of Terry Oldfield's musical ability with the intuitive insights of Soraya with a background in healing, yoga and transformation. Treat yourself to an experiential day of music, sound, meditation and transformation. Cost: \$120.00 [booking essential Pay Online](#) or email [info@terryoldfield.com](mailto:info@terryoldfield.com)

### Free Toning Nights with Trevor Gollagher

**Fridays starting 10 July @ 7.30 PM in Sunnybank**  
email [info@pattharmonycentre.com](mailto:info@pattharmonycentre.com) for more info.

### Brian Martin New World Rhythm Choir: Group Auditions

**Wednesday 15 July @ 6- 7 PM**

**Venue: Sunshine Coast University – Sippy Downs**

New World Rhythm is an amalgamation of three former local Sunshine Coast choirs (Noosound Voices, World Voices & Rhythmic Voices). They meet each Wednesday at Maroochydoore. The choir sings a variety of music styles from world music and the rhythmic sounds of Africa to Celtic, gospel, folk and Brian Martin originals. This group is a performance choir who gather to promote joy and unity within the singing community and above all have fun! Contact: Fiona 07 3103 3074. Email [info@brianmartin.com.au](mailto:info@brianmartin.com.au)

SIGHT SINGING TUTORIAL online course! Get a group together and you can have a sight singing tutorial in your home. YOU CAN NOW BOOK BRIAN MARTIN MUSIC WORKSHOPS AND EVENTS ON THIS WEBSITE! JUST GO TO THE '[PRODUCTS](#)' PAGE AND FOLLOW THE PROMPTS!

### Schedule for Chris James in N.S.W. and Qld

Chris James has many events scheduled in N.S.W. and Victoria. For information see full schedule at [www.chrisjames.net](http://www.chrisjames.net) I have listed a brief summary of these below.

**Saturday 4 July – Wednesday 8 July** Healing Power of Sound Training **Lennox Head, NSW**

**Friday 10 July** An Evening of Song and Sound Healing in **Clayfield, Qld**

**Sunday 12 July** Innermost Sound Group in **Macleans Ridges, N.S.W.**

**Tuesday 14 July** An Evening of Song and Sound Healing in **Clayfield, Qld**

**Thursday 23 July** Stillness & the Heart–An Evening of Song & Sound Healing **Bermagui, N.S.W.**

**Friday 24 July** An Evening of Song Sound and Healing in **Canberra, A.C.T.**

**Saturday 25 & Sunday 26 July** Transformation Through Sound in **Canberra, A.C.T.**

**Wednesday 29 July** An Evening of Song and Sound Healing in **Gold Coast**

### Sacred Earth

Sacred Earth will be performing in Sweden and Stockholm in July. See [www.sacredearthmusic.com](http://www.sacredearthmusic.com)

### Tony Backhouse – The Desert Choir – Central Australia

**Saturday 1 August – Saturday 8 August**

Feel your voice rise with the choir as the sun sets over the ancient landscape of Central Australia; explore the primal connection between song and country; enjoy the company of the Desert Choir as voices are raised together in celebration of being and walking in a profound place.

Enjoy singing with aboriginal people and each other along the magnificent Larapinta Trail of Central Australia. <http://www.intotheblue.com.au/tours/tour.asp?ID=57>

### The Idea of North

**Saturday 5 September (but BOOK EARLY or you will miss out!)**

They're back again in September, this time to celebrate their 15th anniversary! Come and help celebrate fifteen successful years of singing, recording and performing all around the world. They will be singing some of your favourites from each of their six albums so far and also performing a bunch of brand new, unrecorded material. It will be a journey through the last decade and a half of their take on the a cappella style, with a small peek into the future of The Idea of North. We recommend you book soon as tickets are selling fast. The evening show is already more than 50% sold... Info and bookings through Brisbane Powerhouse website: [www.brisbanepowerhouse.org](http://www.brisbanepowerhouse.org)  
Box office: (07) 3358 8600

