

Sounds Of Singchronicity - August 2008

Public Workshops Returning !

Come along and
 Sing For Joy



<http://singchronicity.net>

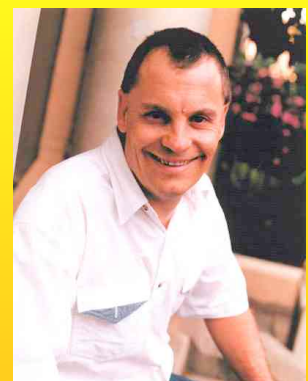
After a long break, I am pleased to announce the return of the **Sing For Joy Workshops**. I have had many enquiries asking when will I be starting them up again. Many of you will be aware that the Relaxation Centre has moved to Alderly and I am looking forward to doing some more workshops with them soon. However, at the moment, this is not possible because the terms of their lease do not allow for "live music". I am hopeful that Lionel will be able to impress upon them the importance of music in the healing process and reassure the landlord that live music does not have to be disruptive to neighbours. However, **The Show Must Go On!** Therefore, I have been looking around for alternative venues, so we can get started again. Over the next few months, I will be trying out different venues to see which ones are best suited. There are some nice public halls with reasonable transport access and I am also looking for venues that have

existing programs in place and are open to new inclusions into their programs. If you know of any, please let me know.

The next workshop will be on **Sunday 31 August** @ the **Inner Harmony Centre** in **Bulimba** & followed up on **Sunday 7 Sept** by another one at the **Harmony Hut** in **Springwood**. (See [coming events for more details](#))

Both will be based around my new CD "Sing for Joy" and you will learn the secrets about how to go about singing without experiencing fear or negative emotions. In these workshops, you will learn simple mantras and affirmations that you can incorporate into your daily life to improve your concept of yourself and your voice. **Bookings for these events are essential & can be made at <http://singchronicity.net/workshops> where payment can be made by credit card or PayPal.** Ph 0413 383 159 for more information.

Also coming up this month is a brilliant event called the **Night of Light** to be held on **Friday 22nd of August 08** at the Logan Central Community Centre where I will be accompanying a meditation with music created on the night and leading a couple of songs. [See Coming Events.](#)



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Coming Events



Tony Backhouse Workshops – Black Gospel & Related Styles

August 1–3 Weekend Workshop, Brisbane

Aug 1 \$20; Aug 2 \$75; Aug 3 \$ 25 Full Weekend \$140

All sessions Stuartholme Auditorium, Birdwood Tce Toowong

Contact Spencer: skdj@optusnet.com.au (07) 3411 3794 (AH)

Living to the Beat of Your Own Drum – Irena Kirpichnikova

August 2 & 3 – Angels Rest Retreat; 60 Licuala Drive North Tamborine

This is an American Indian retreat where you will explore who you really are.

Through drumming, singing and dancing you will connect to the core of your being.

In this primeval state we will paint ourselves as Medicine Animals. Be prepared to let go and really enjoy the animal nature in yourself! Cost – \$195 includes accommodation and vegetarian meals

There is a limit of 8 participants – so book ASAP. Book by email smilingsweetly@hotmail.com or phone 0404093919

Terry Oldfield in Concert & Making the Shift (with Soraya)

August 2nd Terry Oldfield in Concert at Mandala Light Centre \$25

and Soraya's new workshop **Saturday August 23rd "Make a Shift"** 7 steps to happiness. \$300. Don't miss these 2 exciting events.

To book for any of these events please RSVP to Soraya by email or phone 5445 9769 or mobile 0400 520624. www.terryoldfield.com

www.resonanceyogasound.com.au info@terryoldfield.com

Sacred Earth Workshops, Concerts & Retreat

2nd – 3rd August – Splendor In The Grass Festival

Belongil Fields Byron Bay NSW www.splendourinthegrass.com

16 – 17 August – Perth Concert & Workshop

Shenton Park Community Centre For Bookings & Info BhaktiHouse@iinet.net.au

T : 08 9272 6475 – 0419 872 715

23 August – Devotional Singing Workshop

2.00 pm – 5.00 pm \$45 per session

Kumbada Yoga Studio – 6 Ridge Rd Kalorama (Dandenong Mountains Victoria)

31 August – Melbourne Yoga Expo

Melbourne Show Grounds – Flemington Race Course www.yogaexpo.com.au

September 12th –14th Retreat

Sacred Earth are holding one Retreat this year in, at the beautiful Retreat Centre "Govinda Valley".

Govinda Valley is located an hour south of Sydney at the small coastal village of Stanwell Park.

Places are filling fast, so if you would like to join us, contact Chris Hooper Promotions ASAP.

www.chrishooper.com.au

A retreat with Prem & Jethro is an opportunity to step away from daily life and nurture yourself for a weekend, sing songs of devotion, morning yoga, forest walks, introspection time, meditation, organic food and more... Their beautiful Friend Sutara will be becoming and offering Zen Thai Shiatsu Treatments for all who attend. There is no experience needed to attend this weekend, Their aim is to provide a joyful weekend together sharing the aspects of our life that influence our musical journey with Sacred Earth.

Shantimayi –The Way of the Heart Australian Tour – Satsangs

1, 6, 7, 10, 13, 14, 15 August @ Eumundi @ 6.30PM

Anahata Yoga Temple, 186 Memorial Drive.

"Truth dwell within us, within everyone and everything eternally here and now. Everyone comes to this planet illuminated, everyone has a sage within that holds that illumination forever. The fortunate realise this and cherish it as the only true value in their lives. This 'Way of the Heart' just might bit by bit, shift the consciousness of the planet."

2, 8, 9 August @ 6:30pm Coolum CWA Hall, 9 Coolum Terrace

3rd of August @ 6:30pm Maroochydore, Yoga in Daily Life 6/80 Sixth Avenue
Admission to all Satsangs: \$ 15.00 Arjuna and Nilong Buchanan Ph 0754482959; 0414 186 024
arjunaflute@hotmail.com Entry \$15. For more info about Shantimayi see www.shantimayi.com

Pulse - Elliott Orr

Fri 8th Aug (8/8/8) - Pulse @ Ahimsa House, West End.

Featuring **Zormiwasu, Georgia Potter & Spankinhide, including Sana.**

Pulse is a world music dance party hosted by Talkin' the Drum.

The night kicks off with Zormiwasu, a monster drumming and dance performance group of students of Josie and Elliott. Up next is rising talent Georgia Potter, whose socially, environmentally and politically astute songs not only get the thoughts flowing but also the tear ducts.

Spankinhide will perform a full spectrum of musical expression ranging from the sweet melodies of the kora, through the unique and magical sound of the balafon, to the full goatiness of African drums. After over a year fine-tuning his skills in his homeland of Guinea Conakry, West Africa, **Lansana Camara (Sana)** has returned to Australian shores ready for action. Spankinhide are totally delighted and honoured to include his vibe and musicality once again. Welcome back Sana!!

The eighth of the eighth of 2008 is surely an auspicious number so make sure you come out and support this solid, home-grown, world-class, community-based event.

Doors open at 7.30pm. There will be a bar, and also food by **Tulsi Foods.**

Cover charge is just **\$15 and \$12 concession.**

Taketina Taketina Rhythm Workshop - Tania Bosak

8 - 10 August at St Andrew's Anglican Church Hall, Indooroopilly.

A wonderful way for anyone, regardless of skill level, to deepen your experience and understanding of rhythm in a group setting that enables people to go at their own pace. Process developed by German composer and percussionist Reinhard Flatischler. For more information/registration go to www.bosak.com.au general information at www.taketina.com

Getting The Most Out Of Your Voice & Song Workshop with Frankie Armstrong

Sunday 24th of August -10AM. - 5PM. BEMAC, Yungaba, Kangaroo Point. \$85, (\$75 prepaid) .

Frankie will also be giving a concert on **Wednesday 20th of August** at 8p.m. in the Kuril Dhagun Space, State Library, South Brisbane. \$18/\$12 Enquiries/Bookings for both events, contact Ann Birmingham on 33716507

Night of Light - Mass Healing Event

22 August, 7PM Logan Central Community Centre

Cnr Wembley Rd and Jacaranda Ave, Logan Central. Entrance is \$20 (\$15 concession) and includes a Unique Mass Healing Experience, at which there will be a Guest speaker and I will be accompanying an Empowering Meditation with gentle music that will be created on the spot. There will also be Healers Stalls for you to browse. See www.nightoflight.com.au for more information.

\$2 per entry from each Night of Light event is donated to a different charity. If you have a favourite charity you would like supported, please contact Gaia with their details. Maximum entrance of 150 people. Tickets Available at the Door or Pre-pay via PayPal. Simply click on the link to book:

nightoflightbooking

Sing For Joy - Workshops & CD Release



Sunday 31 August, 2PM to 5PM @ Inner Harmony Centre; 142 Apollo Rd Bulimba



Sunday 7 Sept, 2PM to 5PM @ Harmony Hut; Shop 3/41 Watland St Springwood

Open your hearts and discover your inner voice as you are taught simple techniques and repetitive mantras and affirmations to help you Sing For Joy. This workshop is especially designed for those who are shy about their voices and provides a warm and safe environment to play.

Bookings are essential, so go straight to <http://singchronicity.net/workshops/> to book in.

Off street parking is available at both venues & public transport brilliant for Bulimba! (Bus/City Cat)

Space is limited, so book early to avoid disappointment! Your investment for these life-changing workshops is \$30. Contact John Rodriquez on 0413 383 159 for more information.